



# Amplify: You have a voice, use it!

a snapshot of Young People's perceptions of Health Services

# 650

young people engaged with over the project

## 31%

would absolutely know where to get support for mental health



### Where to get support & help

Medical Professionals	28.8%
Family	20.1%
Friends	17.2%
Home	7.3%
School	6.8%

### Communication methods to access information and engage

Social Media	37.1%
Video Media	19.1%
Print Media	4.8%
Face to Face	14.7%
Visual Media	14.2%

## 61%

did not feel as involved in decisions about their care and treatment as they want to be