

Welcome from our Chair

Welcome to our June 2020 newsletter. The team continue to work from home during this period but are always available to help anyone who is struggling to access local health and care services at this time.

We are sorry to say goodbye to Abbey as our Chief Officer but wish him all the very best in his new role!

Kind regards,

Viv King



Goodbye and Good Luck Abbey!

The Board of Directors and all the team at Healthwatch Blackburn with Darwen would like to wish a fond farewell to Abbey Mulla as Chief Officer of the organisation. Abbey has been involved with Healthwatch for many years and helped the organisation grow its reputation and strength. We wish him all the very best in his new role in the NHS in the South West of England supporting unpaid carers, we know he will make a fantastic difference.



Healthwatch Together Coronavirus Survey

Healthwatch Together (Blackburn with Darwen, Blackpool, Cumbria and Lancashire) have been carrying out surveys during the Coronavirus pandemic to understand ecurring themes in our communities' experience of the Coronavirus pandemic. Click [here](#) for the key themes emerging from feedback.

Supporting Young People's Transition Back to School

Blackburn with Darwen Council have produced a helpful guide to supporting the mental health and wellbeing of pupils during the transition back to school during COVID 19.

Access the guide on our website [here](#).



Covid-19 children's food survey

Pennine Lancashire's Healthier Place, Healthier Future programme is working with Food Active and The Children's Food Campaign to conduct a parents survey to find out how the Covid-19 pandemic has affected their child's eating habits and preferences – and if so, in what ways.

Click [here](#) to give us your feedback!

ELHT are recruiting for their Public Participation Panel!

East Lancashire Hospitals Trust are looking for 2 new members on their Public Participation Panel. To find out more about the role of the Panel and how you might get involved please find out more on our [website](#).

The closing date for applications is 17th July 2020.

Would you like to take part in some research?



Can you help?

- Are you 18 years of age or older?
- Do you experience psychosis? Psychosis might be seeing or hearing things (voices) that other people cannot, or having strong beliefs that others think are very unusual. Experiencing psychosis is sometimes linked with diagnoses like "schizophrenia", "schizoaffective disorder" or "delusional disorder", but not necessarily.
- Are you or have you been involved with a mental health team?

If so, we'd like to hear from you!

My name is Amy, and this research is being conducted as part of my training as a clinical psychologist.

The study is investigating factors that influence whether people experiencing psychosis choose to engage with mental health services.

If you'd like more information, please contact me at:

a.nickson@lancaster.ac.uk / 07508406276

What would be involved?

- Completing a short online survey.
- Participation is voluntary and completely anonymous.
- No personally identifiable information is taken in the survey.

There is an optional prize draw. There are five £30 Amazon vouchers to be won.

If you would like to take part in this study online, please go to:

bit.ly/psychosisresearch

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Reason for receiving email

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