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Welcome from Chief Officer

Welcome to our November 2018 Newsletter! We are pleased to share with you updates from this month. Healthwatch BwD staff have been out and about talking to residents about Digital Health, Asthma and Mental Health to name a few of our current projects.

We are looking forward to another busy month ahead at Healthwatch BwD and preparing for the Holidays!

Regards,

Abul Mulla



Events



Digital Health

We are pleased to be supporting the digital strategy of the borough and the team at Healthier Lancashire and South Cumbria to help residents to get online to manage their health and wellbeing. To find out more about this work please click [here](#).

Carers Rights Day

We had a great time at the Carers Rights Day Event! There were some very informative presentations and it was great to see other Blackburn with Darwen organisations there to support carers!

Projects

The team has been busy delivering our 2018/19 workplan – here are a few highlights from November 2018!



Asthma

As part of the Children's Asthma Project, Healthwatch BwD have been visiting schools, including Newfield School's Youth Council. We have had great feedback from young people about what would help them, and others, manage their asthma and prevent attacks.



GP Digital Access with Stroke Group

Healthwatch BwD have been talking GP Digital Access with several groups including The Stroke Association Community Groups and The Resolve Group, and Men's Group at Care Network. We've been finding out about people's uptake of online booking and prescription services and what barriers they might face. We look forward to sharing the outcomes of the project soon!

healthwatch
Blackburn with Darwen

Are you or a loved one affected by dementia?

Have you been discharged from hospital in the last 12 months?

If so Healthwatch BWD would like to hear your experiences

Please contact Linda Brown for more information and to share your stories:

www.healthwatchblackburnwithdarwen.co.uk
 Telephone: 01254 292686
 Email: info@healthwatchbwd.co.uk
 Post: Room 28, Bangor Street Community Centre, Norwich Street, BB1 6NZ



Dementia

Healthwatch Bwd are delivering a project gathering views and experiences of discharge from hospital for those living with Dementia. If you or a loved one have experiences you are happy to share with us, please get in touch.

Tel: 01254 292686

E-mail: info@healthwatchbwd.co.uk

ACE Workshop

In conjunction with consultant Sue Irwin, we have been working with a group of fantastic young people on exploring the impact of adverse childhood experiences (ACE's) on people's lives. The group have been working hard researching ACEs and how to be resilient in order to be able to create their own youth awareness toolkit. Looking forward to see what they create!



Healthwatch in the Community

Healthwatch BwD have been busy out in the community again this month. We have been talking to residents about their Health and Social Care experiences. To see where we will be going next, please visit our [website](#).

Darwen Healthcare Enter & View Report

Contact Details:	Darwen Healthcare Darwen Health Centre James Street West Darwen, BB3 1PY
Person in charge during visit:	Ann Neville
Date and time of visit:	5th November 2018 9.30am to 11.30am
Healthwatch Blackburn with Darwen Authorised Representative:	Linda Brown



Enter and View

This month we visited Darwen Healthcare and were pleased to hear from patients about the great practice that is happening there. Enter & View's are changing at Healthwatch BwD including the report format to make it more reader friendly. Visit our website to see the [published report](#).

Contact Us

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